

A FREE RESOURCE PACK FROM EDUCATIONCITY

# Walk to School Week



Topical Teaching  
Resources



Suitability

# Walk to School Week Topical Teaching Resources

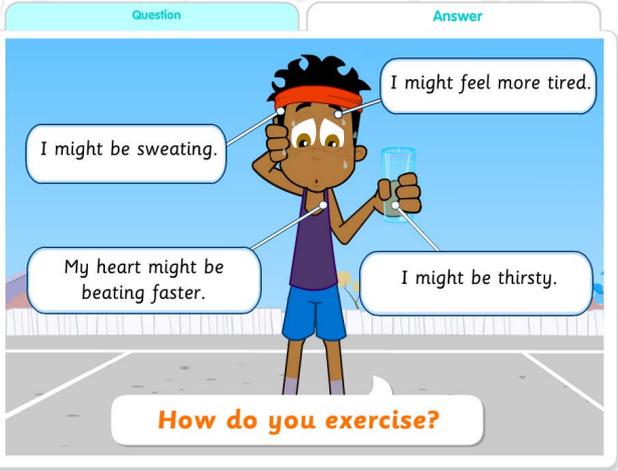
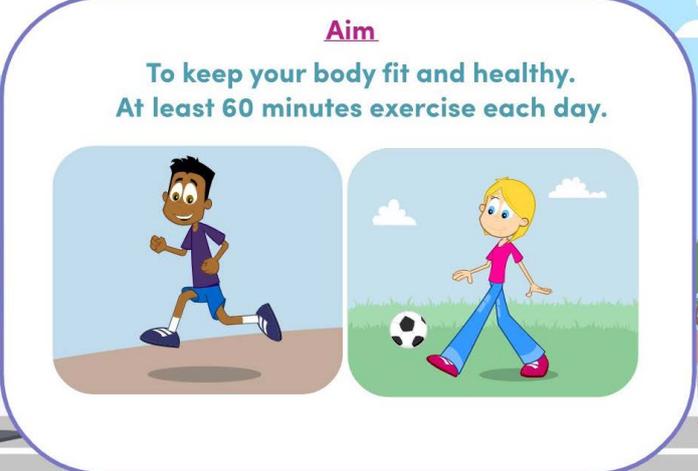
## What Does This Pack Include?

This pack has been created by teachers, for teachers. It contains a Fact Sheet, detailing the benefits of walking to school, as well as a series of cross-curricular Lesson Plans, which can be used to support teaching and learning during Walk to School Week.

FACT SHEET:		
Why Walk to School?		
Learning Objective: Discover the reasons why students are encouraged to walk to school.		
LESSON PLANS:		
1. Draw Your Journey to School	2. My Walk to School	3. The Walking Bus
Learning Objective: To be able to draw a map which includes directions.	Learning Objective: To write an account about the journey to school.	Learning Objective: To discuss the different ways of travelling to school.
80-minute Lesson Plan	60-minute Lesson Plan	60-minute Lesson Plan

## Other Resources Linking to the Theme

Before deciding what to include in your lesson, check out our online content relating to Walk to School Week too. It's simple to find, just enter the Content ID number in EducationCity's Search tool!

ThinkIts:	Learn Screen:
Inspire Creative Ways of Thinking	Eat, Sleep, Play
Exercising Content ID: 13696	Impact of diet and exercise on health Content ID: 35230
	
Discuss the effects that exercise has on our body.	Explore how diet and exercise impact the body.

## Enjoyed these resources?

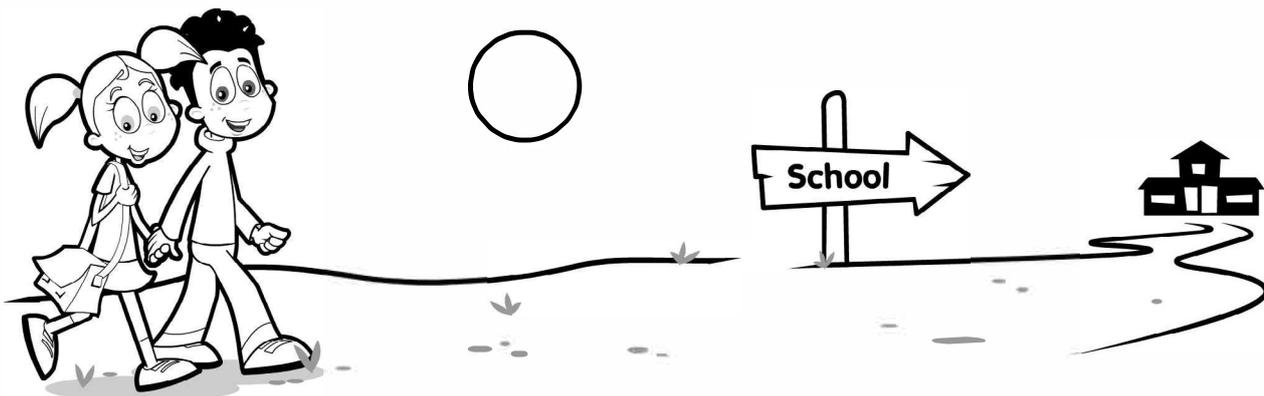
Why not start a free trial of the full EducationCity resource and see what else we can offer you!

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Have you ever wondered why you are always being encouraged to walk to school? There are lots of reasons why it's such a great idea:

- Walking is a healthy way to travel and is a brilliant form of exercise. Why sit in a car when walking to school means you and the person taking you can get some of that valuable daily exercise?
- Did you know that when you are walking to school you are doing so much more than that? You are learning one of the most important life skills ever - how to cross the road safely. You won't learn that sitting in a car!
- Walking to school also gives you a chance to meet up with others on the way, or it gives you an opportunity to have a good chat with the adult taking you.
- It also means you get to explore the local environment. It involves all your senses. You can hear the most amazing sounds, from birds singing to sirens wailing. You might even see the tiniest little insect crawling between the cracks in the pavement if you look carefully enough.
- Another important reason is that walking means we can help save the environment.
- Did you know that over 20% of the cars on the roads every morning belong to adults rushing to get children to school on time? Just think of all the petrol that could be saved.
- It also means you are less likely to breathe in all that pollution. We breathe in more exhaust fumes from the car in front than when we walk along the street.
- So the next time someone suggests that you go to school by car, stop and think of all the benefits that come with walking to school. You'll never look back!





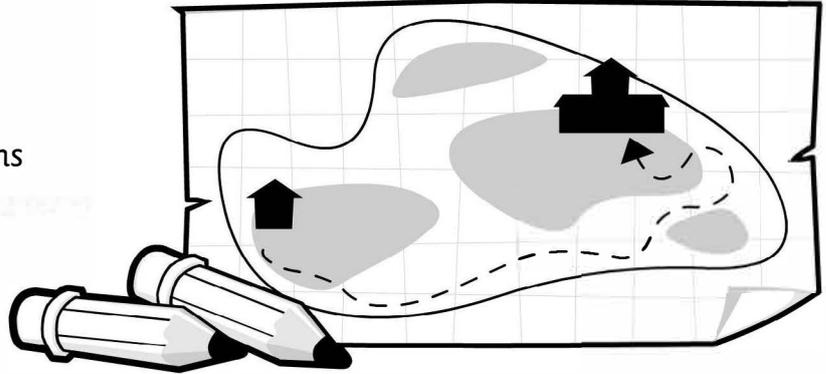
## Overview

In this 80-minute session, students look at a map of their local area, identifying familiar features. They then write directions on their journey to school and use these to draw a map.

## Materials

Resources and organisation:

- Individual whiteboards and pens
- Organise the students into talk partners
- A4 paper and pens



## Lesson structure

**0 - 10 minutes** – Explain to the students that you would like them to draw a map of their journey to school. Start by showing a map of the area that could be accessed via the Internet and look at the area surrounding the local school. Encourage students to identify local features, including the street in which they live and other familiar landmarks.

**10 - 20 minutes** – Discuss the directions needed to get from one landmark to another, for example, from a local park to the school. Model how to record these directions.

**20 - 35 minutes** – Ask students to work with partners to talk through the route they both take to get to school. Ask them to record the directions and then draw the class back together to share these ideas. Use the map on the IWB to confirm the directions.

**35 - 45 minutes** – Then explain to the students that you would like them to draw a map of their journey. Support this by showing them the map of the area again. Discuss the way in which the roads are presented and explain the scale. For example, look at a main road and then a cul-de-sac to compare them so that students have an awareness of this as they draw their maps.

**45 - 70 minutes** – Set the students off on their task and circulate to support understanding. Remind students to use the directions they have drafted to help them with their maps.

**70 - 80 minutes** – Draw the class back together and share some of the maps.

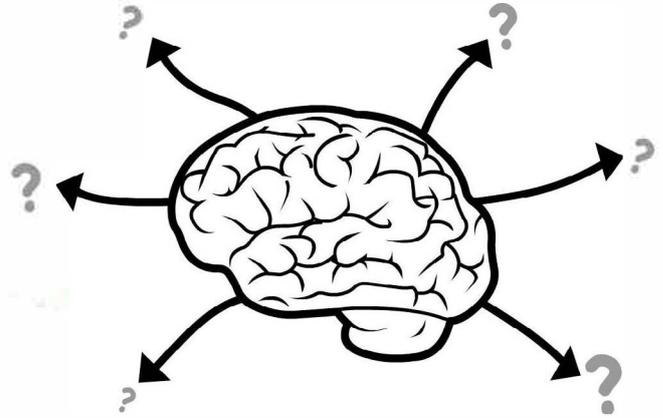
### Overview

In this 60-minute activity, students think about their journey to school in terms of the effect it has on their senses. They then share their ideas and write about it as a diary entry, possibly as part of a 'Big Write' session.

### Materials

Resources and organisation:

- Organise the students into talk partners
- Literacy books
- Access to the EducationCity Mind Map tool



### Lesson structure

**0 - 10 minutes** – Explain to the students that you would like them to think about their journey to school. Ask them to think about their five senses and explain that you would like them to talk with a partner to share things they see, hear, smell, touch and possibly taste on the way to school.

**10 - 15 minutes** – Draw the class back together and ask them to share their ideas. Possibly using the EducationCity Mind Map tool as a way of recording their thoughts, ask students for feedback on their experiences. Discuss the different experiences. For example, some children may walk through a park while others may have to cross the main road.

**15 - 25 minutes** – Explain to the students that you would like them to use these ideas to write about their walk to school. Discuss how you would like this to be in the form of a diary entry. Work with the students to think about a possible opening sentence and then discuss the other features that you would like to see in their writing. For example, they could use metaphors and similes to describe things they see and onomatopoeia words to describe what they hear. This could be outlined in the form of success criteria.

**25 - 45 minutes** – Give the students an opportunity to work on their writing, reminding them of the established ground rules for the 'Big Write'. Use the time to circulate to assess the students' writing.

**45 - 55 minutes** – Stop the class and remind them of the success criteria. Then ask them to self-assess and edit their work with the success criteria in mind.

**Plenary** – Bring the class back together and ask students to share examples of where they have achieved the success criteria with the rest of the class.

## Overview

In this 60-minute activity, students think about their journey to school from a social perspective. They discuss the different ways of travelling and then consider the Walking Bus, a relatively new concept whereby families take it in turn to escort children to school. Students consider the positives of the Walking Bus and make posters to advertise its benefits.

## Materials

Resources and organisation:

- Organise the students into four or six
- Organise the students into talk partners
- A4 paper and colouring pencils/felt tip pens



## Lesson structure

**0 - 5 minutes** – Ask the students how they get to school in the morning and then complete a tally chart to show the various ways. Talk about the reasons why they use a particular method of travel.

**5 - 15 minutes** – Take each of the methods listed in the tally chart and ask students to work in groups of four to six and to list the pros and cons of each way of travelling. Draw the class back together and ask each group to present their findings to the class.

**15 - 20 minutes** – Ask the students what they enjoy about their journey and to think about what could make it even better. Focus on the social aspects. For example, they may get to meet their friends on the way, or they may enjoy time chatting to a parent.

**20 - 25 minutes** – Explain to the students that one way of travelling to school is on the Walking Bus. Ask the students if they have heard of it and discuss what they think it might be. If students in the class use this method of travel, ask them to explain it to the rest of the class. Clarify their understanding by explaining that it is a way of travelling to school by foot, organised by local families, where the adults take it in turns to escort a group of children to school. Explain that they also pick up other children at certain points on the way.

**25 - 35 minutes** – Working in pairs, ask the students to list the benefits of coming to school with the Walking Bus. Then ask them to share these ideas with the rest of the class.

**35 - 55 minutes** – Ask the students to design a poster to advertise the Walking Bus, focusing on the health and social benefits. Additional time may be needed to complete the posters.

**55 - 60 minutes** – Ask students to show their posters to the class, giving others the opportunity to assess the work so far, taking into consideration the health and social benefits.

# About EducationCity

EducationCity produces fun, educational materials to engage students in learning and empower teachers to tailor their teaching. **Take a look at how EducationCity can support you in the classroom:**



## Target Lesson Objectives Easily

Find relevant content that links to your curriculum by using our Curriculum Map or Search tool.

Comprehensive and clearly organised by strand, content is so easy to access!



## Plan in Advance

When planning your lessons, choose your Activities in advance and put them into a MyCity so they're easy for students to access. Choose a meaningful name for each MyCity and you'll be able to update and retrieve them year after year!



## Differentiated Teaching

Monitor progress with SuccessTracker and you'll be able to identify the strengths and areas of development for each of your students and so choose relevant activities to help them progress.



## Flexible Learning

EducationCity is accessible via desktops, laptops, tablets and whiteboards, so can support you whatever equipment is available in your classroom.



## Additional Resources

Access our ready-made Lesson Plans and topical content to support teaching and learning in the classroom.

There's more to EducationCity than Activities alone!



## Assessment

Check students' learning with formative, summative and unit assessments. Curriculum-correlated, pre-prepared and easy to set, they give instant feedback to inform your next steps.



**"Teachers have been delighted with the content of this package and most impressed with how easy it is to find appropriate learning and teaching resources and then to use them in a variety of ways."**

**Mark Sanderson,**

Senior ICT Consultant, Herefordshire Learning and Achievement Service

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